



Innovative Health  
**PLAN II**  
Powered by AmWINS

## MATERNITY MANAGEMENT PROGRAM



The **Maternity Management Program** begins once we are notified that you are having a baby. A case manager nurse will be assigned to you and will work with you during your entire pregnancy. The goal is to provide you with the information you need so you know exactly what to expect and what information you should be discussing with your doctors and healthcare team.

Your nurse will contact you by phone to discuss how they may help you during your pregnancy and the six-week period after delivery. The maternity management services you receive will be customized and developed just for you and your baby. In addition to working with you, your case manager will also work with your doctor(s) and care team to ensure you are receiving all of the necessary pre-natal care for a healthy pregnancy and delivery.

As part of the program, you will receive education, tools, tips, suggestions and access to resources about pregnancy, birth, and the post-partum period. You will also receive assistance managing the healthcare system using all the benefits available to you, minimizing or eliminating extra out-of-pocket charges and fees.

The benefit to you is an extra layer of care in addition to your physician to give you and your baby a health, happy start.

### **Core Program Elements:**

- A case manager nurse assigned to work with you with expertise in maternity management.
- Assistance through each stage of pregnancy, from the first trimester to the post-delivery period.
- Discussions related to prenatal care, the baby's growth and development at each stage of pregnancy and establishing a birth plan.
- An individually tailored plan of care, designed just for you and your baby.
- Early identification and intervention to prevent any complications resulting from pregnancy.
- Education on the options for feeding (bottle versus breast), and establishing a feeding plan once the baby is born.
- Help and assistance maximizing coordination of care between members of your care team, using the benefits available to you within your health care insurance plan.

**A HEALTHY, HAPPY PREGNANCY.  
THE CARE AND ASSISTANCE YOU AND  
YOUR BABY NEED.**

**(866) 342-8152**